



# **Top Ways to Save on Prescription Drug Costs**

# Rx SAVINGS

## Talk to your doctor

According to some studies, 1 in 5 prescriptions are never filled. If your doctor prescribes something, they want you to take it. Let your doctor know if you are worried about the cost and talk to them about your options.

## Generic Options

According to the FDA, generic drugs are about 80% lower cost than their name brand counterparts. Talk to your doctor about generic options.

## Shop Around

Some pharmacies may be less expensive. Even though your co-payment might not change, the cost to the insurance company will and that will affect how soon you reach the coverage gap in your Part D plan.

[GoodRx.com](https://www.goodrx.com) can help you price prescriptions in your area.

## Pill Splitting

You may be able to double dose your prescription and then split the pill in half. This can turn a 90 day supply into a 180 day supply.

Ask your doctor or pharmacist if you have any prescriptions that can be split.

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## Extra Help Through Social Security

You may qualify for extra help through social security, worth an estimated \$4,000 per year.

[CLICK HERE](#) for more information and details.

## State Pharmaceutical Assistance Program

Your state may offer State Pharmaceutical Assistance Programs (SPAP).

[CLICK HERE](#) to see if your state offers one and how to take part.

## Coupons & Rebates

NeedyMeds.Org has an extensive lists of coupons and rebates for both prescription and over the counter drugs. These offers may be in the form of a printable coupon, savings card, free trial offer, or free samples.

[CLICK HERE](#) to see if any of your prescriptions or over the counter medicines are offering savings.

## Check Your Plan Annually

Reviewing your Medicare Part D plan annually may save you a lot in premium, deductibles and/or co-payments depending on the plans available and prescriptions you are currently taking. Some people have reported savings over \$1,500 by changing plans.

# ADDITIONAL IDEAS

## Store Medication Correctly

Make sure you are storing your prescriptions properly. Some medicine may lose their potency if they are exposed to moisture or other elements.

Talk to your pharmacist about your prescriptions about proper storage and safe keeping.

## Preventative Services

Medicare has numerous preventative services which are covered 100%. Using these services may help prevent other issues and save you from adding any more prescriptions.

[CLICK HERE](#) for a common list of preventive & screen services through Medicare.

## Proper Diet and Exercise

Changing to a better diet and some exercise may help get you in better shape and reduce or even eliminate your need for some prescription drugs. Even a 5% reduction in weight loss can have very positive effects.

Talk to your doctor about diet and exercise options.